



Rare Disease Alert Card

X-linked Hypophosphatemia (E83.31) is a rare metabolic bone disease that causes lifelong low serum phosphorus and the following clinical findings:

Adults: Possible fractures and pseudofractures, osteomalacia, limited range of motion, abnormal gait, dental abscesses, osteoarthritis, and bone and joint pain.

Children: High serum alkaline phosphatase levels, rickets on X-ray, lower limb deformity, abnormal gait, and dental abscesses.

Patients with XLH should not be treated with supplemental phosphorus by itself. If treating with phosphorus, calcitriol is also required. Brosumab is an alternative to calcitriol and phosphorus.

XLH Specialist: _____

Phone Number: _____

Current medicines taken for XLH:

For more information about XLH please visit XLHNetwork.org.

For additional questions please email info@xlhnetwork.org

